

MONTANA'S 2023 LEGISLATIVE SESSION

HOW CAN YOU PARTICIPATE?

The decisions our legislators make impact the lives of Montanans for years to come. Make sure your senators and representatives know how you feel about bills that are important to you.

If you have a disability that makes it difficult to write, email, testify, or otherwise participate in the legislative process, contact MonTECH at (406) 243-5511.



When does the legislature meet in 2023?

The next session runs January 2nd, 2023 – April 28th, 2023. Each senator represents about 20,000 Montanans and each representative represents approximately 10,000 Montanans.



What will they accomplish during the session?

They'll approve a state budget and determine which bills become Montana laws.



How can I share my thoughts with legislators about bills that impact me?

- You can call and leave a message
- You can write
- You can email
- You can sign up to share your thoughts in person in Helena or via video call



Where can I find contact information for my senator/representative or look up a bill?

leg.mt.gov



Where can I learn more about Montana's legislature?

www.aclumontana.org/en/legislature-101

Is there any way to be 'alerted' to what is happening with a bill?

Yes, there are a few options:



- The Montana Centers for Independent Living Action Alert System: mtcil.org/action-alerts
- ACLU Montana's emailed updates: www.aclumontana.org
- Check websites of interest to you and sign up to receive their newsletters and updates.

Are there other ways I can help influence the decisions of our lawmakers? Yes!



- Post your opinion on social media/ask friends to take a certain action
- Write a letter to the editor of your local paper
- Attend a town hall
- Attend a march, demonstration, or protest
- Meet your senator/representative in person by appointment
- Thank your senator/representative with a card or email
- Develop a year-round, respectful relationship with your senator/representative
- Support organizations working on issues you value

FINALLY, AND THIS IS BIG:

Make sure you are registered to vote! To register, or see if you're already registered, visit sosmt.gov/elections/vote/